

Pearl Lee Schroy, Ph.D.
Ontological Life Coach & Educator
www.pearlleeschroy.com

Cell: 720 352-6560 Bus line: 1-872-222-WAYS Email: pearl@pearlleeschroy.com
1665 Zenobia St./ Denver, CO 80204

CLIENT COACHING AGREEMENT & WELCOME

The purpose of an ontological coaching partnership is to co-create an opening for the client to discover a new way of *being* without knowing what is possible. It is coupled with the request of the coach to lead us to possibilities that we otherwise cannot see. It involves getting in touch with how moods and emotions affect our choices, how our language creates our reality, and how our bodies can be powerful tools in learning and listening to ultimately shift into a new way of being.

Welcome and congratulations on taking a huge step into the most important journey of your life. It is my honor and privilege to be your guide and to serve you on this part of your path.

Namaste,

Pearl

Coaching works best when both client and coach have a clear understanding of what is being promised.

The Coach: Your results will depend on the actions you take. What I can guarantee is that I will provide you with the structure, accountability and feedback, which most clients find significantly deepens their relationship to self and improves focus, productivity, and performance.

As your coach I agree to:

1. Be present and on time for all coaching sessions.
2. Listen fully to all that you say.
3. Be unconditionally constructive in all that I say to you.
4. Coach you only in those areas in which I am qualified, e.g., personal and mentor coaching.
5. Hold what you tell me in confidentiality.
6. With your permission, consistently call you forth to your full magnificence.

There are two situations in which I might share information about 'you'. One is with my mentor, and another is with another client or an audience who could learn from your success (in any situation, I will not use your name or other identifying info).

The Client: I, _____, understand that coaching is not advice or therapy, nor is the coach qualified to give legal or financial advice. I take full responsibility for all actions I take as a result of coaching. I also agree to:

1. Take action towards my goals.
2. Prepare for my coaching session.
3. Be honest about my personal and professional challenges and what I truly want and generate my own solutions.
4. If, in the coaching relationship, a conflict between myself as a client and my coach emerges, I agree to handle the conflict within myself and between us first-I will speak up. Should there be anything we cannot resolve between us, I agree to participate in mediation.

5. Assertively request my own needs so that coaching works for me.
6. When needing to reschedule, I will make any cancellations 24 hr prior to the scheduled session. I understand that the session will be rescheduled only if my coach can do so w/in the same week. If I do not cancel within 24 hr, I agree to pay 50% of the rate for that session.

Your permission for recording:

Yes ____ No ____ I, _____, grant permission for our sessions to be recorded for the purpose of Jinju's continued learning, training, and potential submission toward Jinju's requirements for ICF certification, so long as recordings are not shared publicly or with other persons not involved in the training process.

For the following section, Client & Coach will co-create details for the structure of their working partnership based on one of the following possible options:

Option 1. SINGLE SESSION DROP-IN agreement (Standard Fee: \$120)

I, the client, agree and am honored to pay \$ _____ at the end of each session of coaching.

Option 2. 4 Session agreement (Standard Fee: \$360, \$90/ 90 min session)

I, the client, agree and am honored to pay \$ _____ (half of the total amount) at Session #1 and \$ _____ (2nd half) no later than time of Session #3. I am willing to maintain financial balance and alignment for prompt payment of my coaching sessions.

Option 3. 10 Session agreement (Standard Fee: \$750, \$75/ 90 min session)

I, the client, agree and am honored to pay \$ _____ (half of the total amount) at Session #1 and \$ _____ (2nd half) no later than time of Session #5. I am willing to maintain financial balance and alignment for prompt payment of my coaching sessions.

Option 4. Monthly (... to be discussed)

Client(s) Name:

Client(s) Signature:

Date:

Coach Signature:

Date: