

PEARL SCHROY'S COACHING CONTRACT:

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Coaching Contract

Coaching works best when both client and coach have a clear understanding of what is being promised.

The Coach: Your results will depend on the actions you take. What I can guarantee is that I will provide you with the structure, accountability and feedback, which most clients find significantly deepens their relationship to self and improves focus, productivity, and performance.

As your coach I agree to:

1. Be present and on time for all coaching sessions.
2. Listen fully to all that you say.
3. Be unconditionally constructive in all that I say to you.
4. Coach you only in those areas in which I am qualified, e.g., personal and mentor coaching.
5. Hold what you tell me in confidentiality.
6. With your permission, consistently call you forth to your full magnificence.

There are three situations in which I might share information about you. One is with my assistant who acts in support of my business. Two is with my coach, and three is with a client who could learn from your success (when coach, colleague or client, I will not use your name or other identifying info).

The Client: I, _____, understand that coaching is not therapy nor is the coach qualified to give legal or financial advice. I take full responsibility for all actions I take as a result of coaching. I also agree to:

1. Take action towards my goals.
2. Prepare for my coaching session.
3. Be honest about my personal and professional challenges and what I truly want and generate my own solutions.
4. If, in the coaching relationship, a conflict between myself as a client and my coach emerges, I agree to handle the conflict within myself and between us first-I will speak up. Should there be anything we cannot resolve between us, I agree to participate in mediation.
5. Assertively request my own needs so that coaching works for me.
6. When needing to reschedule, I will make any cancellations 24 hr prior to the scheduled session. I understand that the session will be rescheduled only if my coach can do so w/in the same week. If I do not cancel within 24 hr, I agree to pay 50% of the rate for that session.

7. I agree and am honored to pay \$ ____ in advance for each 90 min session of coaching. I am willing to maintain financial balance and alignment for prompt payment of my coaching sessions.

8. I am making a commitment to work with Pearl Schroy, for a minimum of one 90 min session per ____ week(s) for ____ month(s) (4 week period is equivalent to 1 month). Upon completion of the ____ months, our coaching agreement will convert to a month to month basis.

The client and Pearl Schroy agree to provide one another with a 30-day notice in the event it is desired to cancel further services. It should be noted that an average of four weeks per month is used in calculating the monthly fee, and there is an assumption that vacations are covered by this average. Our signatures on this agreement indicate full understanding and agreement with the information outlined above.

Name:

Date:

Name:

Date: